

The Three refuges (Ti Sarana)

Buddham Saranam Gacchami
Dhamman Saranam Gacchami
Sangham Saranam Gacchami
(Pali)

Namo Buddhaya, Nam0 Dharmaya, Nam0 Sanghaya
(Sanskrit)

I go for refuge to the Buddha
I go for refuge to the Dharma
I go for refuge to the Sangha